



CHERRY CREEK SCHOOLS

## PARENT ACADEMY

*Pick a location that works best for you!*

**CLICK HERE FOR MAP**

*Each class meets from 6:00 to 8:00 pm*

### **Red Hawk Ridge Elementary School**

September/October on Tuesdays  
9/5, 9/12, 9/19, 9/26, 10/3, 10/17  
Please note that there is no class on 10/10

### **Dakota Valley Elementary School**

November/December on Tuesdays  
11/7, 11/14, 11/21, 11/28, 12/5, 12/12

### **Outback Preschool**

January/February on Tuesdays  
1/9, 1/16, 1/23, 1/30, 2/6, 2/13

*Free child care provided on a limited basis*

*Light snacks will be provided*

# Parenting the Strong-Willed Child

*A clinically proven six-week program for parents of 2-8 year olds. Designed to help you find positive and manageable solutions to your child's difficult behaviors.*

This program is a modified version of the Parenting the Noncompliant Child program and has earned the highest marks as a *research-based program with proven effectiveness*. Parents who have participated in this class report *improved child behavior* at home and school. Parent-child relationships become more positive.

### **What you will gain through this approach:**

- » Understanding strong-willed behavior problems
- » How to use reinforcement to create a more positive home
- » Specific skills such as ignoring, improving communication, and helping your child solve problems with peers
- » Support with giving directions and developing more patience
- » Effective use of time-outs and how to help build positive self-esteem in your child

### **About this opportunity:**

- » Based on more than **40 years** of collective research
- » Offers a step-wise approach to improving your relationship with your child
- » Allows parents to **focus on specific skills** and practice them with support

### **COST:**

**\$30.00 per family** – includes a \$10 workbook fee (**Scholarships available for families who receive Free & Reduced Lunch – Call 720-554-4247 for more information.**)

Additional costs of the program are subsidized by the CCSD Wellness Office.

**Space is Limited!**

**CLICK HERE TO REGISTER**

### **QUESTIONS?**

**EMAIL:** lkoenig2@cherrycreekschools.org

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*Dedicated to Excellence*  
Cherry Creek Schools